

Camel Protocol

WEEK 1

FRIDAY RACE DAY:	The cycle starts with recovery after the race. This is important to replace energy, electrolytes, amino acids, minerals and vitamins.	EVENING: Amino-Max Drip CoPhos B Injection V.A.M. Injection (Electrolyte Paste)
SATURDAY	Regular joint management.	Pentosan Gold + HA/Evolution
SUNDAY	Regular Vitamin Injections.	Vitamin B Complex Vitamin B1 Vitamin C Folic Acid & B12
MONDAY	Remove excess lactic acid from the muscles.	Lactanase Drip (given in normal saline)
TUESDAY		
WEDNESDAY		
THURSDAY	Joint protection for trial. Minimise muscle damage during trial.	Halo Injection Taipan/Viper/Medosa Injection (all the same actives under different names)

WEEK 2

FRIDAY BIG TAFHEEM:	Injections to restore minerals, electrolytes and amino acids after trial. Recovery after the trial is important in preparation for the next race.	EVENING: Amino-Max Drip CoPhos B Injection Tripart Injection
SATURDAY		
SUNDAY	Regular joint management.	Pentosan Gold + HA/Evolution
MONDAY		
TUESDAY	Improve metabolism for race.	DMG Injection
WEDNESDAY	Joint protection for race. Amino acids for muscle and joint function.	Halo Injection Mitachondral Injection
THURSDAY		
FRIDAY RACE DAY:	Start program again following the race.	

